



RESILIENCE TRAINING

Begins JAN. 11, 2012

FOR ACTIVE DUTY,
FAMILY MEMBERS & CIVILIANS

*LEARN HOW TO BOUNCE BACK FROM
LIFE'S CHALLENGES*

2ND WEDNESDAY OF EVERY
MONTH

11:00AM-1:00PM
ACS BUILDING 2915
PANZER KASERNE
2ND FLOOR ROOM 222

BRING YOUR LUNCH



Contact Army Community Service for more information
or to sign up for the class
DSN 431-3362 CIV 07031-15-3362



Visit Us Online at: www.stuttgartmwr.com

